



Food Safety at Home for School Meals

*Hello parents! We are happy to feed your kids healthy meals during this challenging time.
Below are some simple guidelines for your child to safely enjoy their food at home.*

- **Cold Food:** All cold items must be refrigerated at 41° F or below within 2 hours.
- **Frozen Foods:** Place in freezer immediately. Keep food frozen until your kids are ready to eat.
- **Reheat:** Precooked frozen foods need to be reheated to a minimum of 140° F. Do not overcook.
- **Bread Items:** Including fresh bread and/or packaged foods.
 - Keep frozen or in the refrigerator to extend shelf life.
- **Whole Fruit:** Wash all whole fruits before eating (even fruit with peels).
- **Special Note:** Our products do not have many preservatives. So, they need to be eaten within 2 days after thawing from frozen.

Common Allergen Alert

- **Uncrustables:** *Allergen alert – This item contains peanut butter.*
 - Keep frozen until ready to thaw. Thawing takes about 30 minutes.
 - Please discard product 24 hours after defrosting from frozen.
- Some items may contain allergens, such as wheat. Visit www.yourchew.com for ingredient and nutrition information.

Special Precautions for COVID-19

- After picking up your weekly meal package, wash your hands with soap and water for at least 20 seconds when you get home.
- Once food items are removed from district premises, NLMUSD is not responsible for improper food handling resulting in illness.